

Pun U Association Wah Yan Primary School

番禺會所華仁小學

Teacher A's Reflection 授課者 (A) 反思

Name of Coach (B) being observed 教練[觀課者] (B) 姓名	
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	Coaching Skill and Attributes 觀課技巧與特性	Yes 是/No 否
1	Did the coach listen deeply when I was talking in order to gain understanding ?觀課者是否很留心聆聽我說話，以便深刻了解內容嗎？	
2	Did the coach listen more than we talked?觀課者聆聽的時間比他說話的長嗎？	
3	Did the coach ask questions that helped me reflect on my practice? 觀課者以提問幫助我對課堂的反思嗎？	
4	Did the coach notice what was happening rather than thinking about how he/she would do it better? 當觀課時，觀課者注意課堂發生的事情而不是思考他會怎樣做得更好嗎？	
5	Did the coach challenge me in order to help me improve? 觀課者挑戰我的目的是幫助我改進嗎？	
6	Did the coach provide reassurance, support and suggestions? 觀課者給予我肯定、支持和建議嗎？	
7	Was the coach interested in my view, rather than his/her own opinion?觀課者關心的是我而不是他的意見嗎？	
8	Was the coach comfortable when the conversation had periods of silent reflection?即使我們對話時曾有靜默時段，觀課者仍感到舒適自在嗎？	
9	Was the coach honest?觀課者是誠實的嗎？	
10	Was the coach comfortable when he/she did not personally have all the answers?當觀課者不能解答所有問題時，他仍感覺舒適自在嗎？	
11	Did the coach show emotional intelligence?觀課者表現了情緒的智慧嗎？	
12	Was the coach non-judgmental?觀課者不帶判斷人的眼光嗎？	
13	Did the coach smile?.觀課者常微笑嗎？	

Key	○	○	○
Level of development in coaching skill/ attribute 觀課技巧與特性的發展水平	Low 低 an area to improve 需 要改進範圍：	Average 中等	High 高 a strength displayed 其中一項強項：